



# March 2020

Su	Mon	Tue	We	Thu	Fr	Sat
1	2 Personal Training 	3 Longhaven 11 am—12 pm	4	5 Inn at Amethyst 9:15 am — 10 am  Longhaven 11 am—12 pm	6	7
8	9 Personal Training	10 Longhaven 11 am — 12 pm Women's Luncheon Longhaven 12:15 pm 	11	12 Inn at Amethyst 9:15 am — 10 am  Longhaven 11 am—12 pm	13 	14
15	16 Personal Training	17 Longhaven 11 am—12 pm  Happy St. Patrick's Day	18	19 Inn at Amethyst 9:15 am — 10 am  Longhaven 11 am—12 pm	20	21
22	23 Personal training	24 Longhaven 11 am—12 pm	25 	26 Inn at Amethyst 9:15 am — 10 am  Longhaven 11 am—12 pm	27	28
29	30 Personal Training	31 Longhaven 11 am—12 pm	AgelessAerobicDance.com 310-266-0416 			

KT's 2nd Role



Joy's Training



KT & Joy